

# SERIOUSLY

In the left column, write what you take seriously about parenting and what you take seriously about being a teen of a parent. In the right column, write the things you don't take seriously. For example, in which column would you put things like curfew, what you eat, schoolwork, family worship, sports, money, forgiveness, communication, listening, etc.?

**SERIOUS**

**NOT SERIOUS**



Do the same thing for your parents. In the left column put what they take seriously about their parenting, and in the right column what they don't take seriously as a parent. The items might be similar to the teens, but they might be different, such as family togetherness, commitment to Christ, trusting one's teen more, planning for your future, etc.

**SERIOUS**

**NOT SERIOUS**

