

## From Despair to Prayer

What gift did you beg your parents for as a little kid and why?

Read 1 Samuel 1:1-28.

1. Why was Hannah anxious and in despair?
  - A. She couldn't have children.
  - B. Money problems.
  - C. She was lonely.
  - D. Being bullied by others.
  - E. Felt no worth because of how her culture viewed her.
  - F. Lacked purpose in life.
  - G. She wasn't that anxious in the story.
  - H. She was a drunk.
  - I. Other.
  
2. What do you do when you face challenges?
  - A. Avoid thinking about them.
  - B. Give up and accept defeat.
  - C. Seek advice from friends and family.
  - D. Try to solve them all on my own.
  - E. Pray and seek God's guidance.
  - F. Distract myself with hobbies.
  - G. Blame others for my challenges.
  - H. Ignore them and hope they go away.
  - I. Other.
  
3. Which aspect of Hannah's challenge do you relate to most?
  - A. Not feeling good enough.
  - B. Longing for something I don't have.
  - C. Trying to handle pressure from culture around me.
  - D. I don't relate to her.
  - E. Issues with my relationship.
  - F. Being judged by others.
  - G. Struggling with personal health issues.
  - H. Questioning my life's purpose.
  - I. Other.

4. What did Hannah do when her prayer was answered?
- A. Celebrated with a big party.
  - B. Kept it a secret.
  - C. Forgot about her promise.
  - D. Taunted Peninah back.
  - E. Dedicated her son to God.
  - F. Distanced herself from God.
  - G. Rejoiced in God's gift.
  - H. Other.
5. Which of the following statements about prayer do you agree with?
- A. More prayer, more power.
  - B. God always answers prayers of good people.
  - C. Prayer is a way to connect with God.
  - D. God doesn't care about our problems.
  - E. Prayer can change our perspective.
  - F. It's better to rely on self than on prayer.
  - G. If I don't pray about something, it won't come true.
  - H. Other.
6. What prayer habits do you practice or want to practice?
- A. Praying daily for others.
  - B. Meditating quietly without words.
  - C. Praying with a group or community.
  - D. Writing down my prayers in a journal.
  - E. Walking in nature or around the block and praying.
  - F. Listening to music and writing a prayer poem.
  - G. Using scripture promises in my prayers.
  - H. Other.
7. How do you react when your prayer is not answered the way you expected or wanted?
8. What are some issues in your life that you want to surrender to God right now?