

# New Start

Put an "X" through the items you are saying "Goodbye" to for 2022.  
Fill in the blanks for items not listed, but you're saying "goodbye" to them.

**Mess Ups**      **Achievements**      *Family Friction*

**Trouble**      **Ho-Hum**      **Missed Opportunities**

**Spirituality**      \_\_\_\_\_

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**Certain Relationships**

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# New Start

Put an "O" around the items you are saying "Hello" to for 2023.  
Fill in the blanks for items not listed, but you're saying "Hello" to them.

**Clean Start**      **Self-Discipline**      *Fun Times*

**Spiritual Growth**      **Be More Forgiving**      **Increase My Serving**

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\_\_\_\_\_      \_\_\_\_\_

**Affirm My Parents**