

Jesus, I Feel You

Revelation 1:5-6 describes three things about who Jesus is, and then three things about what Jesus does. As you think of each of these, what emotions do you sense? Circle the ones that apply to you. There are blank spots for you to write emotions not listed.

Who Jesus is:

1. **The faithful witness** (the ultimate source of truth when everyone claims to have the truth, but you can't trust that anyone is telling the truth)
2. **The firstborn from the dead** (the one who defeated death so everyone else who will be resurrected will do so because Jesus did)
3. **The ruler of the kings of the earth** (name any presidents, premiers, kings/queens, dictators—they all bend the knee to Jesus, who is King of kings and Lord of lords)

What Jesus does:

1. **He loves us** (present tense – continuous in Greek, which means right now and it doesn't stop; no matter what we have done)
2. **He has freed us from our sins by His blood** (past tense, technically past perfect tense which means something in the past makes a difference in the present—we're free now from our sins—sins that caused guilt, shame, addiction, and destruction; all past tense because of Jesus, which gives us a completely different present tense and future tense)
3. **He has made us a kingdom of priests** (past tense because we're already part of his kingdom and we function right now as priests—those who connect God to people, and who connect people to God)

As you meditate on these three things about Jesus, circle the emotions you feel, or add your own in the blanks at the bottom.

Happy Secure Resentful Bold Renewed Upset Shy
Inspired Bitter Secure Hesitant Depressed Invigorated
Mad Embarrassed Glad Frustrated Empowered Desperate Lost
Tender Jealous Focused Strong Weepy Enthusiastic
