Religious Practices I Do

List some of the religious practices you do—like going to church, listening to music that feeds your soul, reading Scripture, or singing in a choir. Then mark if you do these in “Public” or “Private” and for what “Purpose.” These two examples might not be accurate for you, but use them to start you on your own.

Practices	Public	Private	Purpose(s)
Go to church	X		Please my parents Connect with God
Pray during my private time with God		X	Release stress Feel close to God